

TAMESIDE & GLOSSOP RECOVERY PACKAGE NEWSLETTER

WE ARE
MACMILLAN.
CANCER SUPPORT

Hello and welcome to the sixth edition of our Recovery Package newsletter for people affected by cancer. We have now completed the first part of the project and this edition will take a look back at what we have done and look at things that we are proud of. Hope you enjoy it!

WHAT WE HAVE DONE...

We have been working on how we can deliver the electronic Holistic Needs Assessment (eHNA) to meet the needs of patient's in Tameside & Glossop. The eHNA is a tool for patient's to use in order to think about their concerns after diagnosis and identify ways to support them address these needs. Patients will receive a care plan outlining these concerns and actions to be taken to support them. Darian has trained all of the Clinical Nurse Specialists (CNS) to use this system in preparation for the eHNA to be used across the Trust.



ELECTRONIC HOLISTIC NEEDS ASSESSMENT



WHAT IS NEXT..?



Greater Manchester Cancer had a grant to fund work in selected hospitals within Greater Manchester to transform how the Recovery Package is delivered. We are pleased to say that Tameside & Glossop Integrated Care NHS Foundation Trust have been awarded some of this grant money to carry out this work. The grant will provide us with the funds to employ Cancer Care Support Workers for 18 months. These Support Workers will work closely with the CNS teams to carry out the eHNA and care plans, as well as other parts of the Recovery Package work. It is an exciting opportunity for Tameside & Glossop to lead the way and share good practice across Greater Manchester.



WHAT WE HAVE DONE... CANCER CARE REVIEW



The Cancer Care Review (CCR) is a discussion that takes place between a patient and their GP/Practice Nurse within 6 months of diagnosis. We have worked closely with the Macmillan GP to look into how it is currently offered and how patients feel it is working, or not. We held our second Twitter Chat asking questions about how the CCR should be offered, who should do it and when is the best time to do this. We also carried out a survey looking at the support GP practices offer patients after a Cancer diagnosis to get a better overall picture of Patient Experience.



WHAT IS NEXT..?

We will use all of the feedback received from each of the CCR engagement activities to develop the current Cancer Care Review provision across Tameside & Glossop in a way that suits both patients and GP practices. We will work alongside the new Macmillan GP for Tameside & Glossop, Dr Cressida Crabtree to get this in place.

TREATMENT SUMMARY WORK

A Treatment Summary is a document that patients will receive after each mode of treatment. This will explain what treatment took place, why the treatment was carried out and possible side effects. This document is also shared with patient's GPs.

Since September, the Gynaecology team has started to do the Treatment Summaries for their patients within Tameside & Glossop. The User Involvement working group will look to carry out a peer review to make sure they are meeting the needs of patients.

As well as Gynaecology team, Tameside and Glossop Cancer services will send out Treatment Summaries for Breast, Colorectal and Skin patients as these are treated in this hospital. We will continue to work closely with these teams developing the Treatment Summaries.

WHAT WE HAVE DONE...

We held a working group to look what Health and Well-being support was being offered across Tameside and Glossop. We used this information to identify what gaps are available and started to think about what we could put into place as part of our work. As part of seeing what was needed for patients, we held our very first Twitter Chat to get feedback and views from people about what they wanted to see in the local area. This was very successful and we got lots of helpful ideas which we put onto an asset map. We also attended lots of different events across Greater Manchester to see what was provided.



HEALTH & WELLBEING WHAT IS NEXT..?



Following this work to see what general Health & Wellbeing support is offered, we will continue to work with organisations to identify and fill gaps across Tameside & Glossop. We will work closely with the Trust's Person and Community Centred Approaches Team to explore how health and wellbeing information and support and events can be provided locally.



Follow this team on twitter [@CWTandG](https://twitter.com/CWTandG)

USER INVOLVEMENT

Aoife is really pleased with all of the valuable work carried out by people living with Cancer throughout the project so far. Highlights include:

- ◆ An established User Involvement Working Group to oversee the project. Members have also provided support to the Recovery Package Steering group, Health & Wellbeing working group and other meetings to ensure the patient voice was heard,
- ◆ User Representatives and support group members carried out a peer evaluation of the eHNA software. This led to the development of a poster to help inform patient about the eHNA and what it involved,
- ◆ Coproduction of a survey to look at GP support as part of the Cancer Care Review development. Aoife had lots of helpful insight into this and 112 people responded to the survey!
- ◆ User Representatives carried out an evaluation of the Macmillan Treatment Summary template and fed back comments to be used in the development of the Greater Manchester template,
- ◆ Support at engagement events across Tameside & Glossop to hear peoples views on Health & Wellbeing support. We used the high-tech “beads in a jar” approach which proved effective and a bit of fun,
- ◆ Support with Macmillan’s work to evaluate when Holistic Needs Assessment’s should be offered across Greater Manchester.

We look forward to continuing this good work.

If you would like to get involved you can contact Aoife on Recovery.Package@tgh.nhs.uk



LOOKING BACK WITH LENNY

“My personal highlights of the year are:

- Both Twitter Chats! It’s amazing how much you can learn from simply asking a question and listening to different people’s answers
- ‘It’s a knockout’ - who’d have thought being dressed as a giant kangaroo would be so entertaining. This a fun way to raise the profile of the great work Macmillan does
- It is great news that will have been awarded some transformation funding to introduce the Cancer Care Support Workers. This builds on all of the hard work from our CNSs in implementing the eHNA
- The work that Aoife and the UI Working group has been great in ensuing the voice of people affected by Cancer is part of how the Trust change and develops.



What I’m looking forward to working with colleagues in the health and voluntary sector to see how aspects of the Recovery Package can be offered in the community. “

FAREWELL DARIAN

We are sorry to say that our very own Darian left us in April for pastures new. We will miss working with Darian but she has done so much great stuff during her time with us...

- * Trained all of the Clinical Nurse Specialists (CNS) to use the electronic Holistic Needs Assessment (eHNA) system
- * Supported with User Involvement to show people living with cancer how the eHNA system works which helped get feedback about patient experience
- * Monitored eHNA data which helped us with the successful bid for Cancer Care Support Workers to support the hospital to transform how the Recovery Package is delivered in Tameside & Glossop
- * Ran the Manchester 10 K and raised £300 for Macmillan.

Darian has been a real asset and we wish her well in all her future adventures!



STEVE'S STORY

"I work in Cancer Services and track patients from the point the GP suspects something may be Cancer up until the point they receive the diagnosis or the all clear. In the office, we would often wonder how you would react if you ever received the diagnosis of Cancer but nothing could have prepared me for the moment I heard those words myself. Once you hear the word 'Cancer' you don't hear anything else. My wife, Martina and I just sat there and struggled to take in the news. The impact was not just for me, it was for Martina too. People often forget about the family and I know she needed support just as much as me.

The time from receiving the diagnosis up until the surgery was awful. You say to people that you're OK, but inside you are not. It's always on your mind. During this time I felt let down by my GP practice. When I received my diagnosis my GP was informed by the hospital but never once contacted me to see if I was OK, offer an appointment or any support. I feel

this gap needs sorting as I would have found it very helpful, as I am sure a lot of people would. Having Cancer is not a pleasant experience and you need all the support you can get. Friendship dynamics can change and it was an often very lonely time for me.



I am one of the lucky ones as my Cancer was caught early. Once I had my surgery, the Cancer was gone. However, no one can prepare you for how you feel after the whirlwind of treatment. My nurses were fantastic and could not do enough for me, but only people who have been through this will know how it all feels. I am very passionate about sharing my experience so that people are aware of the importance to get checked out. Especially us men, we're not the best at talking about our health. I would strongly urge men to get your-

self checked, get your PSA levels checked and have regular prostate check-ups. It's a quick test and can give you peace of mind within a week. But if Cancer is found, the earlier the better as it will give people a better chance to beat it. Just look at me! Also, I would highly recommend peppermint tea to help ease wind after surgery...wish I had known about it before mine.

23rd May 2018 was the day I received my diagnosis, I am one year on and happy to say Cancer free. My job has new clarity and I feel more empathy for those people facing the prospect of a Cancer diagnosis. Living with Cancer is something unique and it is important to talk openly about it. I have met so many men along my journey and received a lot of strength and shared support, and laughter, with each other.

I will be doing the 10k **March for Men** in June to raise money for Prostate Cancer. I want to do my bit to help fund research and early diagnosis to help give people a better chance of survival."

Donate to Steve's Just Giving page: www.justgiving.com/fundraising/stephen-coulding1



Dates for the diary this June & July

Men's Health Week

11th—17th June

Sarcoma Awareness week

2nd-6th July



JUNE IS CANCER IMMUNOTHERAPY AWARENESS MONTH

JULY IS ETHNIC MINORITY CANCER AWARENESS MONTH



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